

Mobility



Handybar

234761

Provides a sturdy handle allowing the user to gain extra support when exiting or entering most vehicles. Slides easily into the striker plate inside the car door frame.



Rollator - Premium Folding Loop Brakes

234672

Folding aluminium rollator with lockable loop braking system. Other features include a padded seat, padded backrest and canvas bag under seat.



Walking Cane - T-Shape Handle

Black 234303
Bronze 237639

Height adjustable aluminium cane with T-Shape handle. Durable rubber tip and stylish polished wood handle.



Cushion - Swivel

234745

Soft flexible padded swivel seat with turning motion that enables easier movement of the lower body in and out of the car. Great for those with lower limb stiffness, hip or knee surgery or general mobility issues.

For a complete list of
Making Life Easy Outlet's, please visit

www.mle.com.au

or call 1300 653 279

Aids to Daily Living

Version 3.0

Hints for Daily living

As you get older why stop doing the things you love and enjoy. Find the aids to help you get back into life.

- Maintain a healthy well balanced diet
- Regular exercise and relaxation
- Share fun and laughter with family and friends
- Never miss a chance to do the things you enjoy
- Face every health issue as a challenge that can be overcome



Outlet Stamp



Making Life
EASY

PRODUCTS THAT IMPROVE YOUR LIFE

What are you going to do today?

Everyday life can be demanding at the best of times without injury, incapacity or the effects of age to consider.

Many Australians even find that daily tasks and hobbies are frustrating or a cause for discomfort, for a wide range of reasons.

From amputees to sport stars, pregnant mothers to those injured in the workplace, at some stage nearly everyone could benefit from some basic assistance in their day to day activities.

The solutions are at hand

Occupational therapists are health professionals who specialise in helping people regain independence and cope with the tasks of daily living. To find an Occupational Therapist in your area check the local phone directory for your nearest OT Australia branch or visit their website at www.ausot.com.au.

The Making Life EASY range is a collection of products with the sole purpose of improving the quality of life.

This brochure contains some innovative examples of daily living aids.

Bathroom



Over Toilet Aid

234397

Provides assistance for getting on and off the toilet with added benefit of a height and width adjustable frame. Rubber feet for added stability.



Sponge - Long Handled

Contour: 247235

Allows those with constricted shoulder function or bending capacity to maintain independence and dignity in the bathroom.



Shower Stool

234311

Height adjustable legs with rubber tips cater for users of all heights while maintaining stability in any wet environment.

Bedroom



Pillow - Neck Saver

234559

Made from high density memory foam, contours to head and neck profile. Rippled surface promotes airflow and temperature regulation. Washable velour cover with zip and a special design neck support for added comfort.

Household



Pill Splitter

240230

Device designed to split tablets easily. Small size fits conveniently into pockets or handbags.



Kitchen Trolley

239798

Great idea for safely transporting hot food or items around the house. Plastic trays clean easily and height adjustability ensures this product suits everyone.



Lift Chair - Deluxe

Combines ergonomic features such as the "Easy Move" large button hand control with numerous luxury fabric options. Battery back-up safety mechanism included. Three position seating system enables user to sit, read with feet up or recline in comfort.



Dust Pan and Broom - Long Handle

247286

Long handle and brush set, reduces the need for bending and promotes every day independence at home.